



Growth Group Discussion Guide

Passage: Hebrews 5:1-10

Introduction: In what aspects of life do we tend to seek outside help?

Overview: In this passage the author of Hebrews continues to consider the priesthood of Jesus. A high priest is one chosen by God to represent us before Him, to intercede on our behalf, and identify with us. This passage encourages us to hold fast to our faith in Jesus because he alone is qualified to be our perfect high priest now and forever.



Into the Word

Consider verse 1. What is the purpose of a high priest? Why do we need a high priest? Compare: Leviticus 16:1-16

Note: God appoints a high priest so that his unholy people can dwell with their holy God.

Resource: The Task of the High Priest

In the Old Testament high priests were only appointed from the tribe of Levi and the sons of Aaron. Jesus is from the tribe of Judah (cf. Matt 1:1-17). **Consider verses 5-6 and 10.** How is Jesus qualified to be our high priest?

Verses 7-9 remind us that while Jesus is fully divine he is also fully human. How does Jesus' true humanity enable him to serve as our perfect high priest?



Into the Heart

Do you find it difficult to speak openly and honestly about your weakness or sin? Why or Why Not? What helps us speak openly and honestly about our weakness or sin?

Resource: Why We're Not Honest on Our Knees

Compare verse 2 with Matthew 11:29. Do you find it difficult to believe that Jesus is gentle and empathic toward you when you confess your sin? Why or Why Not? How will seeing Jesus as a gentle and empathic high priest change how you pray?



Into the World

What fears, hurt, worry, sin, or need do you need to bring to Jesus? What is keeping you from seeking his help?

Resource: Which Jesus Do You See in Your Suffering?

How will regularly relying on Jesus as our high priest transform how we respond to the weakness or sinfulness of others?