



**Resolving Everyday Conflict - Discussion Guide**  
**Session 5: Own Your Part of the Problem**  
**Passage: Matthew 7:1-5**

**Introduction:** In this session we will consider Jesus' teaching on biblical conflict resolution from the Sermon on the Mount. Instead of fixating on the sins of others, Jesus teaches us that before we can address the sins of others we must first own our part of the problem.



### **Into the Word**

What does Jesus mean by the command "judge not" (v. 1)? Is Jesus commanding us to always accept the behavior of others or ignore their failings? **(pg. 59)**

Consider: Matthew 18:15

Note: Jesus is primarily drawing attention to God's sovereignty over our conflicts.

What is the difference between making a judgment and being judgmental? **(pg. 59)**

Consider: James 4:11-12

What are the consequences of ignoring our own sin in the midst of conflict? (v. 3-4)

Compare: Hebrews 3:12-13

Resource: **Blind to Our Blindness** (Paul David Tripp)

Why does Jesus say we must first address our own sin the midst of a conflict? (v. 5)

Consider: Galatians 6:1



### **Into the Heart**

**Consider a recent conflict.** How did your attitudes or actions contribute to the conflict?

Why is it so hard for us to admit our part in causing a conflict? **(pg. 62)**

Note: "Even if we're only two percent responsible for a conflict we are 100% responsible for our 2%" - Ken Sande

How does owning our part of the problem deepen our experience of the Gospel? How might this change how we approach the other person?



### **Into the World**

**Review the Seven A's of a Good Confession (pg. 63)**

Which "A" do you struggle with the most when you know you need to admit you've been wrong? Which 'A' do you find the most significant?

What does it feel like to be on the receiving end of a great confession? Lousy one?  
What are the consequences of lousy confessions?

**Additional Resources:**

**The Seven A's of a Good Confession**  
*(Ken Sande, Resolving Everyday Conflict)*

**Address** everyone involved

**Avoid** "if" "but" or "maybe"

**Admit** specifically

**Acknowledge** the hurt

**Accept** the consequences

**Alter** your behavior

**Ask** for forgiveness (allow for time)